

Flookburgh C of E Primary School

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Friday 26th March, 2021

Dear Parents and Families,

As we move towards to last week of the Spring term there are a few updates that I would like to share with you:

Healthy School Meals and Snacks

In my last newsletter, I talked about the importance of healthy lunchboxes, snacks and plain water in our children's water-bottles. And, I am very pleased to see that we have seen a positive response to this gentle reminder – thank you.

As part of our on-going drive and commitment to support the health and wellbeing of all of our children, we have worked closely with our school meal provider, Old School Kitchen, and there will now be a return to a 3-week school lunch rota focused on providing sustainable, healthy meal choices, for all children. The new menu will be available for you on ParentPay from the end of today.

Old School Kitchen has put together the following update for your information:

As we approach what we hope will be the final 'NEW' normal, we feel that reintroducing our three weekly menus can finally be brought to fruition. As always (pre COVID) our menus support the healthy school's ethos, you will see new dishes and some favourites remaining.

Where the children do not like the main menu option, we have kept a sandwich choice this will no longer be a 'lunch box' but more of a main meal option with a salad bar, fresh fruit and the dessert of the day.

As you will see, the new revised menu supports more closely our 'healthy schools' ethos and provides both a sustainable and locally sourced choice of healthy meal options for our children – thank you Sara and Ella for all of your hard work both now and over the last year to support school meal provision for our school.



Red Nose Day

Thank you to everyone for getting into the spirit of Comic Relief and for donating a £1 in support of this worthy cause. Your donations, so far, have amounted to £48.

SEEDLIINGS: SOW-GROW-SHARE-REPEAT!

Further to last week's message, 'Seedlings and Beautiful Beans' we took a delivery of Scarlet Emperor Organic Beans from Peninsula Environmental Action Together (PEAT) member, Jeni McConnell. Jeni has worked with the school on a number of occasions to support our outdoor environment and eco-focus and has kindly donated a number of beans for our children to grow in school and hopefully, at home too. Beans will come with full 'instructions' – we hope you have fun and keep us up to speed with how your bean seedlings progress over the next few weeks.

NUT ALLERGY REMINDER



Just a reminder to be extra careful and vigilant with your child's packed lunches and snacks to ensure that they do not contain any nuts or traces of nuts as this could cause real difficulties for children who could have a severe allergic reaction in school – thank you for your support and care for all of our children's health.

A SPECIAL ACT OF KINDNESS – THANK YOU SO MUCH

Finally, I would like to end this week's newsletter with a massive thank you to Roger and Pat Barton, Daniel's grandparents, who have made a very generous and spontaneous donation to school for the purchase of a blossom tree and plaque to honour and commemorate the lives of all those who have lost their lives during the pandemic. We hope to purchase and plant our 'Tree of Remembrance' as soon as we are able.

We feel very humbled by this generous gift and look forward to watching it flower for many years to come whilst taking a moment to pause and reflect.

As always, take care and stay safe and, please remember, I can always be contacted directly on the confidential email address: schoolcontact@flookburgh.cumbria.sch.uk

Gill Pett
Headteacher

COVID-19 UPDATES AND INFORMATION

Current CCC Updates:

Coronavirus (COVID-19) Testing Advice for Schools, Parents and Carers

Information from Cumbria County Council Public Health Team; 25 March 2021

- Rapid (LFD) tests should **NOT** be used routinely on children of primary school age or younger

Please find attached detailed and up to date information with regards to LFD Testing, particularly advice surrounding testing of primary age children, from Cumbria's Public Health Team

Current DfE Updates:

Free School Meal provision over the Easter Holidays

Schools do not need to provide lunch parcels or vouchers during the Easter holidays. The COVID Winter Grant Scheme is in place to support individuals, families and children with food and other essentials outside of term-time and will operate through the Easter holidays. This scheme, run by local authorities, operated successfully in the Christmas and February half-term holidays and ensures that families and children who require it, including those eligible for free school meals, can receive the support they need.

Further information on the provision of free school meals and the COVID Winter Grant Scheme can be found in our guidance on [providing school meals during the coronavirus \(COVID-19\) outbreak](#).

Contact Tracing over the Easter Holidays

'Staff, students, parents and carers only need to inform the school of a positive case where they developed symptoms within 48 hours of being in their education setting.'

'Where pupils, students or staff test positive for coronavirus (COVID-19) during the holidays, having developed symptoms more than 48 hours since being in an education setting, school is not required to take any action. Staff, students, parents and carers should follow contact tracing instructions provided by NHS Test and Trace.'

What this means for our school:

I shall remain as the 'Contact' for parents until Wednesday 7th April to report a positive coronavirus test. Please use the confidential contact email – schoolcontact@flookburgh.cumbria.sch.uk I shall check emails once per day between 5pm and 6pm.

Please be aware, where pupils or students need to self-isolate due to contact with a positive case during the holidays, school does not need to be informed about this until the first day of the Summer term.